

# August Breakfast Menu



<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
18 Cereal Toast Fruit Juice Milk	19 Breakfast Pizza Fruit Juice Milk	20 Pancakes Fruit Juice Milk	21 Cheese Omelet Whole-Grain Toast Fruit Juice Milk	22 Oatmeal Blueberries Whole-Grain Toast Juice Milk
25 Cereal Whole-Grain Toast Fruit Juice	26 Whole-Grain French Toast Fruit Juice	27 Breakfast Sandwich Fruit Juice	28 Waffles Fruit Juice	29 Sausage Whole-Grain Toast Fruit Juice

# August Lunch Menu

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
18 Corn dog Baked Beans Potato Wedges Apples	19 Mac n Cheese P. B. Sandwich Peas Peaches	20 Chef Salad Carrots Mixed Fruit Blueberry Cobbler	21 Chicken Sandwich Whole-Grain Bun Chili Fries Mandarin Oranges	22 Beef n Gravy Mashed Potatoes Green Beans Whole-Grain Roll Pears
25 Hot Dog Whole-Grain Bun Blk Bean Salsa/Chips Peaches	26 Turkey Sub Whole-Grain Bun Sweet Potato Fries Green Beans Applesauce	27 Taco Salad Corn Refried Beans Pears Churro	28 BBQ Rib Sandwich Whole-Grain Bun Carrots Celery Strawberries	29 Orange Chicken Brown Rice Broccoli Pineapple

**A word about our menus: Lowfat milk is offered with each meal. Meals are offered to all participants without discrimination based on race, color, national origin, sex, age or disability, creed, sexual orientation, gender identity or religion. The same meals are offered to all participants in accordance with program regulations. Menu is subject to change.**

**For questions, comments or suggestions please contact: Kelly Peavey, Food Service Director via email: [colkitchen@collins-maxwell.k12.ia.us](mailto:colkitchen@collins-maxwell.k12.ia.us) or call 641-385-2446 ext. 375**