

 Welcome Back!

## August Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
24 Cereal Whole Grain Toast Fruit Juice	25 Breakfast Pizza Fruit Juice	26 Pancakes Fruit Juice	27 Cheese Omelet Whole Grain Toast Fruit Juice	28 Oatmeal with Blueberries Whole Grain Toast Juice
31 Cereal Whole Grain Toast Fruit Juice	1 Whole Grain French Toast Fruit Juice	2 Breakfast Sandwich Fruit Juice	3 Waffles Fruit Juice	4 Sausage Whole Grain Toast Fruit Juice

## August Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
24 Chicken Sandwich Whole Grain Bun Baked Beans Chips Apple	25 Mac-n-Cheese Peanut Butter Sandwich Peas Peaches	26 Chef Salad Carrots Mixed Fruit Blueberry Cake	27 Corndog Chili Fries Mandarin Oranges Ice Cream	28 Beef-n-Gravy Mashed Potatoes Green Beans Whole Grain Bun Pears
30 Hot Dog Whole Grain Bun Black Bean Salsa Chips Peaches	1 Turkey Sub Whole Grain Bun Sweet Potato Fries Green Beans Applesauce	2 Taco Salad Corn Refried Beans Pears Churro	3 BBQ Rib Sandwich Whole Grain Bun Carrots Celery Strawberries	4 Orange Chicken Brown Rice Stir Fry Veggies Broccoli Pineapple

**A word about our menus: Lowfat milk is offered with each meal. Meals are offered to all participants without discrimination based on race, color, national origin, sex, age or disability, creed, sexual orientation, gender identity or religion. The same meals are offered to all participants in accordance with program regulations. Menu is subject to change.**

**For questions, comments or suggestions please contact: Kelly Peavey, Food Service Director via email: [colkitchen@collins-maxwell.k12.ia.us](mailto:colkitchen@collins-maxwell.k12.ia.us) or call 641-385-2446 ext. 2107**