

September 2019 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
3 NO School Labor Day	4 Yogurt Muffins Fruit Juice Milk	5 Breakfast Taco Fruit Juice Milk	6 Egg Patty WG Toast Fruit Juice Milk	7 WG Cinnamon Roll Fruit Juice Milk
10 Cereal WG Toast Fruit Juice Milk	11 Breakfast Pizza Fruit Juice Milk	12 Pancakes Fruit Juice Milk	13 Cheese Omelet WG Toast Fruit Juice Milk	14 Oatmeal Blueberries WG Toast Juice Milk
17 Cereal WG Toast Fruit Juice Milk	18 French Toast Blueberries WG Toast Juice Milk	19 Breakfast Sandwich Fruit Juice Milk	20 Waffles Fruit Juice Milk	21 Sausage WG Toast Juice Milk
24 Cereal WG Toast Fruit Juice Milk	25 Yogurt Muffins Fruit Juice Milk	26 Breakfast Taco Fruit Juice Milk	27 Egg Patty WG Toast Fruit Juice Milk	28 WG Cinnamon Roll Fruit Juice Milk

A word about our menus: lowfat milk is offered with each meal. Meals are offered to all participants without discrimination based on race, color, national origin, sex, age, or disability, creed, sexual orientation, gender identity, or religion. The same meals are offered to all participants in accordance with program regulations. Menu is subject to change. For questions, comments, or suggestions, please contact Kelly Peavey, Food Service Director, via email: colkitchen@collins-maxwell.k12.ia.us or call (641) 385-2446 ext. 375.