August Breakfast Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|---|
| 22 | 23 Breakfast Pizza Fruit Juice Milk | 24 Pancakes Fruit Juice Milk | 25 Cheese Omelet WG Toast Fruit Juice Milk | 26 Oatmeal Blueberries WG Toast Juice Milk |
| 29 Cereal WG Toast Fruit Juice Milk | 30 WG French Toast Fruit Juice Milk | 31 Breakfast Sandwich Fruit Juice Milk | | |

August Lunch Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|--|
| 22 | 23 Mac-n-Cheese P.B. Sandwich Peas Peaches | 24 Chef Salad Carrots Mixed Fruit Blueberry Cake | 25 Corndog Chili Fries Mandarin Oranges Ice Cream | 26 Egg patty Sausage patty Sweet potato tots Oranges Biscuit |
| 29 Hot Dog WG Bun Blk. Bean Salsa Chips Peaches | 30 Turkey Sub WG Bun Sweet potato fries Green Beans Applesauce | 31 Taco Salad Corn Refried Beans Pears Churro | 1 BBQ Rib Sand- wich WG Bun Carrots Celery Strawberries | 2 Orange Chicken Brown Rice Stir fry veggies Broccoli Pineapple |



Empire Tumbling Academy is offering Fall Classes!! We offer Recreational tumbling/ Trampoline for ages 18 months old and older. We also offer competitive tumbling starting at age 4 and older. For more information; check us out on Facebook at Empire Tumbling Academy and our website: www.empiretumbling.com

Classes Start Sept 7th, 2016

Class will be in the Collins-Maxwell High School